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# Triangle Stitch Tank Top

Chest 120cm (47in)



**Yarn** Cotton Aran, 50g, 85m (93yds)  
For a 71cm long tank top, single colour – 400g (50g x 8)

**Equipment** 5 mm Crochet Hook, stitch markers, Large eye needle

**Tension** 15 sc st x 12 rows = 10 cm x 10 cm

This pattern uses stitch counts to achieve sizes so it is important to match the tension as closely as possible. Change hook size to achieve stitch count if necessary.

## US Crochet Terms

<b>Abbrevs:</b>	ch	chain	sk	skip
	sc	single crochet	yo	yarn over
	hdc	half double crochet	rpt	repeat
	dc	double crochet	st	stitch
	tr	triple crochet	spc	space
	sl st	slip stitch	( )	Instructions
			[ ]	guidance

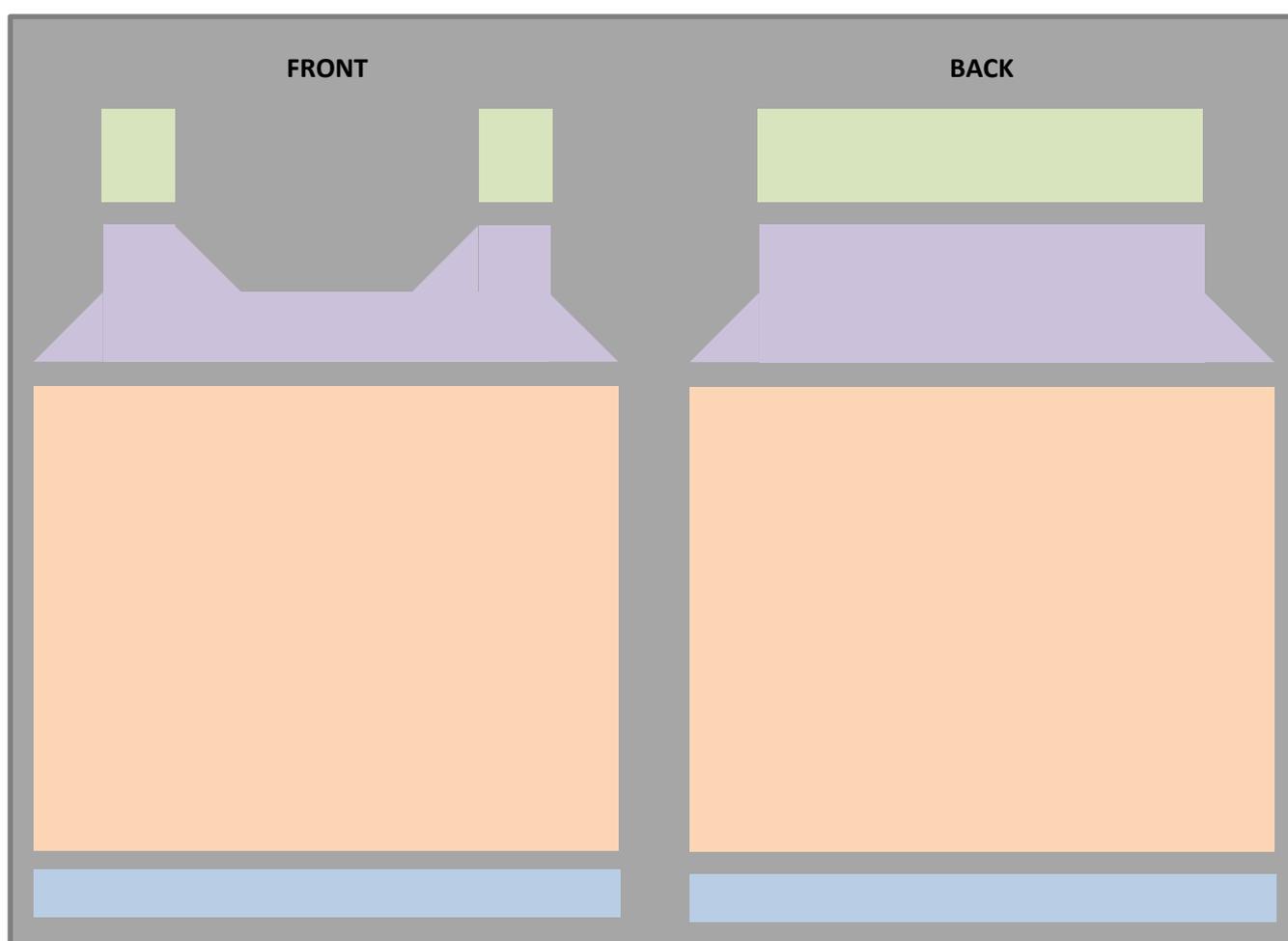
ch 1 turns do not count as a stitch

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## Measuring and Fitting

The instructions are divided into four sections. Complete in this order, so you are making the shirt from the bottom up.

Hem –	Fixed size, must be made as written
Body –	Customise Size by making as many rows as you want
Arm Shaping and Neckline –	Fixed size, must be made as written
Shoulders –	Customise Size by making as many rows as you want



If you follow the suggested row count in each section you will end up with a shirt that is 71cm (28in) from shoulder seam to hem.

## The Triangle Stitch

1- sc in a ch/tr loop



2- ch 3



3- tr in same ch/tr loop



4- ch 1, sc around side of tr stitch



5- hdc around side of tr stitch



6- dc around side of tr stitch



7- tr around side of tr stitch



8- close with sc in the next ch/tr loop



There are some variations to this stitch throughout the pattern. All triangle stitches and variations are fully detailed in the instructions, so you do not need to memorise this arrangement.

## Front

### Hem

Ch 77

R 1: starting in second ch from hook, sc 76, turn

R 2: ch 1, (sc 1, ch 3, tr 1) in same st as turning ch, ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sk 4 st, \*(sc 1, ch 3, tr 1) in next st, ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sk 4 st\*, rpt \* to \* 13 more times, (sc 1, ch 3, tr 1) in last st, turn

Total height 3cm (1 1/4 in)

### Body

R 1: ch 1, (sc 1, ch 3, tr 1) in loop created by ch and tr at end of last row, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 14 more times, turn

R 2 – R ??: rpt R 1

Each Row adds approximately 2cm (3/4in) of length to the shirt

15 Rows are approximately 45.5cm (18in)

### Arm Shaping and Neckline

R 1: ch 5, sk first ch/tr loop and stitches, tr 2 in next ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 12 more times, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 into last ch/tr loop, turn

R 2: ch 1, sl st 5 [1 sl st in each tr/dc/hdc/sc, 1 sl st in top of tr], sc 1 in ch/tr loop, ch 5, tr 2 in next ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 10 more times, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 into last ch/tr loop, turn

R 3: ch 1, sl st 5 [1 sl st in each tr/dc/hdc/sc, 1 sl st in top of tr], sc 1 in ch/tr loop, ch 5, tr 2 in next ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 8 more times, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 into last ch/tr loop, turn

R 4: ch 1, sl st 5 [1 sl st in each tr/dc/hdc/sc, 1 sl st in top of tr], (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 8 more times, turn

R 5: ch 1, (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 8 more times, turn

R 6: ch 1, (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 2 more times,

[Insert Stitch Marker In Last ch/tr loop made]

working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 in next ch/tr loop, ch 4, sc 1 in next ch/tr loop, ch 5, tr 2 in next ch/tr loop, rpt \* to \* 3 more times

### Neckline 1

R 7: ch 1, (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 1 more times, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 in next ch/tr loop, turn

R 8: ch 1, sl st 5 [1 sl st in each tr/dc/hdc/sc, 1 sl st in top of tr], (sc 1, ch 3, tr 1) in ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 1 more time, turn

Finish *Neckline 1* by immediately moving onto *Shoulders* section below. Then return for Neckline 2 instructions

### Neckline 2

Reattach Yarn in ch/tr loop indicated with a stitch marker in R 6

R 7 cont.: ch 1, sc in ch/tr loop, ch 5, tr 2 in next ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 1 more time, turn

R 8: ch 1, (sc 1, ch 3, tr 1) in ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 1 more time, turn

Finish Neckline 2 by immediately continuing with the *Shoulders* section below.

Total length added to shirt by *Arm Shaping and Neckline* section is approximately 15 cm (6in)

### Shoulders

R 1: ch 1, (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 1 more time, turn

R 2 – R ???: rpt R 1

Last Row: ch 1, sc 1 in ch/tr loop, \*ch 4, sc in next ch/tr/loop\*, rpt \* to \*, rpt \* to \* 8 more times

Tie Off and Cut Yarn

Each Row adds approximately 2cm (3/4in) of length to the shirt

4 repeats of R 1 are approximately 7.5cm (3in)

## Back

### Hem

Ch 77

R 1: starting in second ch from hook, sc 76, turn

R 2: ch 1, (sc 1, ch 3, tr 1) in same st as turning ch, ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sk 4 st, \*(sc 1, ch 3, tr 1) in next st, ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sk 4 st\*, rpt \* to \* 13 more times, (sc 1, ch 3, tr 1) in last st, turn

Total height 3cm (1 1/4 in)

### Body

R 1: ch 1, (sc 1, ch 3, tr 1) in loop created by ch and tr at end of last row, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 14 more times, turn

R 2 – R ???: rpt R 1

Each Row adds approximately 2cm (3/4in) of length to the shirt

15 Rows are approximately 45.5cm (18in)

### Arm Shaping and Neckline

R 1: ch 5, sk first ch/tr loop and stitches, tr 2 in next ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 12 more times, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 into last ch/tr loop, turn

R 2: ch 1, sl st 5 [1 sl st in each tr/dc/hdc/sc, 1 sl st in top of tr], sc 1 in ch/tr loop, ch 5, tr 2 in next ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 10 more times, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 into last ch/tr loop, turn

R 3: ch 1, sl st 5 [1 sl st in each tr/dc/hdc/sc, 1 sl st in top of tr], sc 1 in ch/tr loop, ch 5, tr 2 in next ch/tr loop, \*ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1, ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 8 more times, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), sc 1 into last ch/tr loop, turn

R 4: ch 1, sl st 5 [1 sl st in each tr/dc/hdc/sc, 1 sl st in top of tr], (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 8 more times, turn

R 5: ch 1, (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 8 more times, turn

R 6 – R 8: rpt R 5

Total length added to shirt 15 cm (6in)

### Shoulders

R 1: ch 1, (sc 1, ch 3, tr 1) in ch/tr loop, \* ch 1, working around the side of the tr (sc 1, hdc 1, dc 1, tr 1), (sc 1 ch 3, tr 1) in next ch/tr loop \*, rpt \* to \* 8 more times, turn

R 2 – R ???: rpt R 1

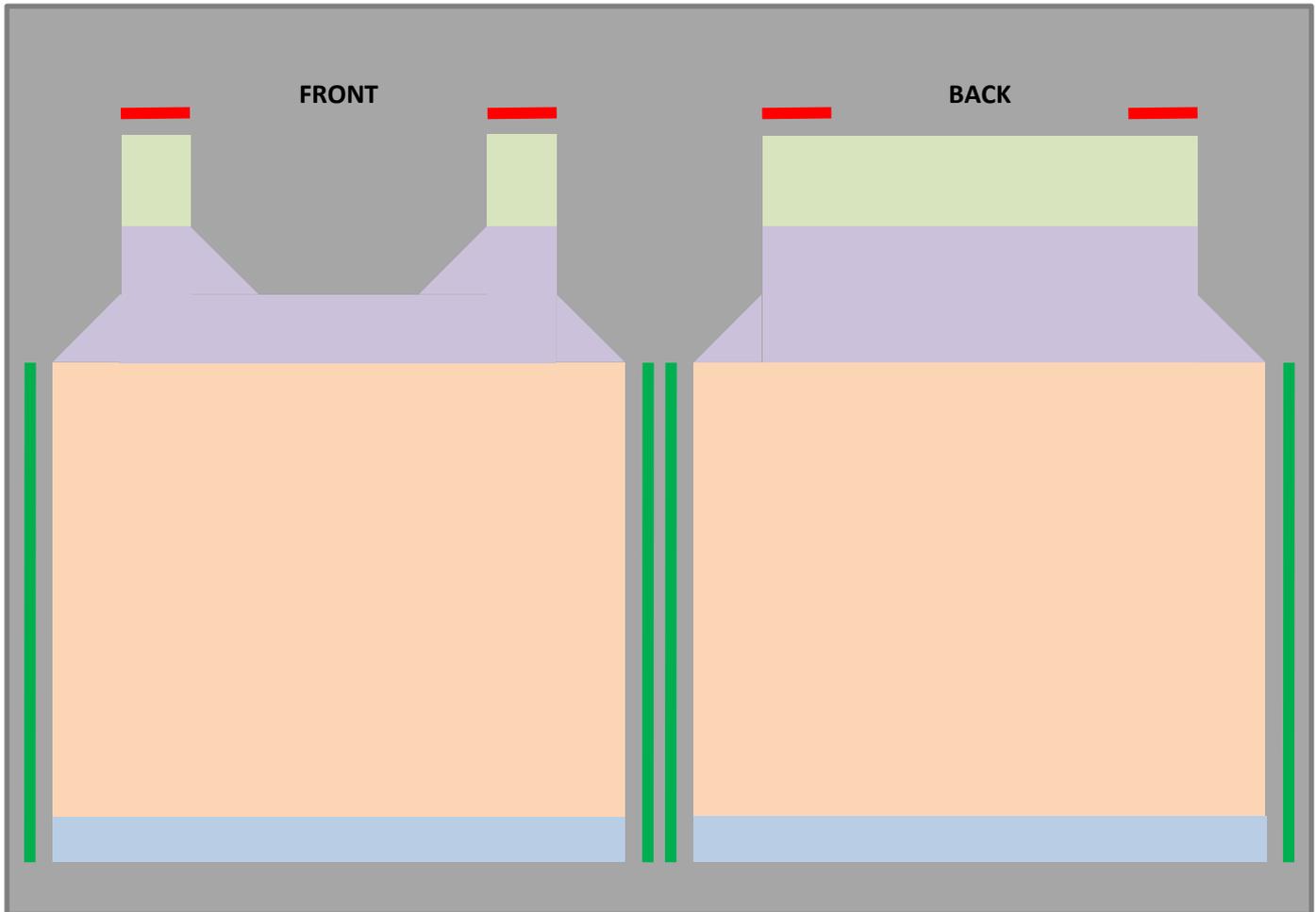
Last Row: ch 1, sc 1 in ch/tr loop, \*ch 4, sc in next ch/tr/loop\*, rpt \* to \*, rpt \* to \* 8 more times

Tie Off and Cut Yarn

Each Row adds approximately 2cm (3/4in) of length to the shirt

4 repeats of R 1 are approximately 7.5cm (3in)

## Joining together



With the insides of the shirt facing, line up the Back and Front

Crochet join or sew the shoulder seams and side seams, ensuring you match stitch for stitch and row for row.

If you decide to crochet join the seams you will see threads on the outside, but this will be reduced if you are using the same colour as the shirt.

If you are making a striped version of the shirt then you could use any ends from joining new colours to sew the sides together. This would help ensure the colours don't show through.